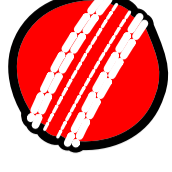


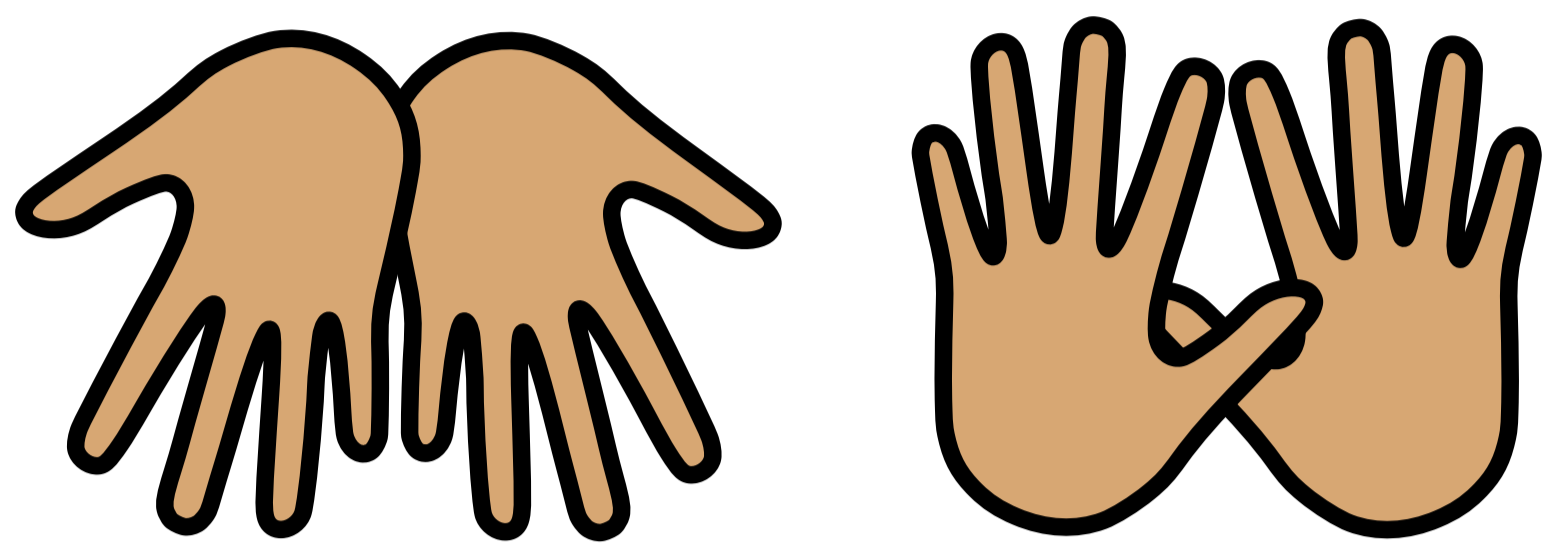


FIELDING KEY MESSAGES

-  Energetic and alert!
-  Always want to be in the action
-  Good anticipation and movement

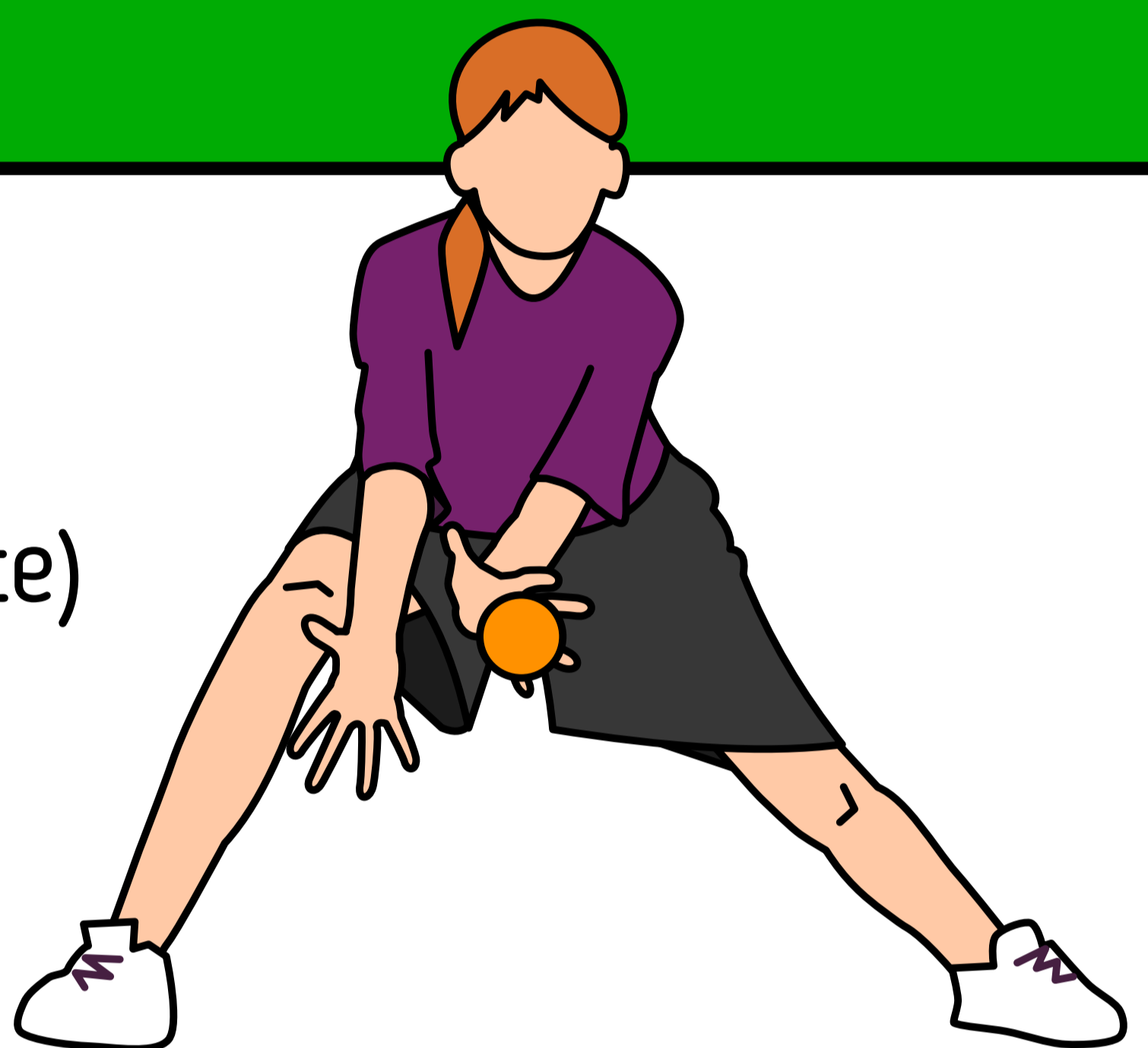
CATCH

Strong base
Big area with hands
"Give" with the ball
Watch the ball!



STOP

Walk in and set position
Balanced and ready
Eyes on batter (anticipate)
then ball (move)
Cut to the ball
Get low



THROW

Hold cross-seam
Feet align to target
Eyes on target
Non-throwing arm aims
Throw and follow through



WICKETKEEPING

Position so can see the ball
Stood up or back
Power or "Z" position
Head in line
Stay low as long as possible
Hands together,
generally down/to side

